

2009 ADULT PROGRAM & MEMBERSHIP APPLICATION

Please complete this application, **sign the waiver** (on back), and enclose a check payable to "Navesink River Rowing." Mail to: **Navesink River Rowing, PO Box 6153, Fair Haven, NJ 07704.** Questions? Call Susan 732-863-1321 or Kay 732-747-0163

Name _____
 E-mail (important for getting NRR news; please print clearly) _____
 Street Address _____
 City _____ State _____ Zip _____
 Phone (home) _____ (cell) _____ (other; specify) _____
 Rowing Experience: Total Years: _____ Where (college/club) _____

Choose from the following program and membership options for adults (over 18).
For more information on each, see our website www.navesinkriverrowing.org or a program description handout.

FOR ADULT SCULLING BEGINNERS

- Adult Beginner Lessons:** Four classes (2 hours each) for adults with no previous sculling experience. Check website for lesson availability and note your 1st, 2nd, and 3rd choices at the top of this page. **\$225** \$ _____
- Beginner Continuation Membership:** For adults who take 2009 beginner lessons. One additional rowing lesson/orientation session and use of NRR boats/facilities for the rest of season. **\$200**
Half price for additional family member signing up for beginner continuation membership (\$100) \$ _____

FOR ADULTS WITH SCULLING EXPERIENCE

- Boat Use Membership:** Use NRR equipment/facilities; participate in NRR activities, May 1-Nov 1. **\$300***
Half price for additional family member(s) signing up for boat use membership (\$150) \$ _____
- Private Boat Owner Membership:** Store your shell and oars, use NRR facilities; May 1 – Nov. 1 **\$175*** \$ _____
- Private Boat Owner-Plus Occasional NRR boat use:** Shell and oar storage plus occasional use of NRR boats/equipment, May 1 – Nov. 1. **\$225*** \$ _____
- College Student Membership:** Use NRR boats and facilities while home from college for the summer. **\$200***
Half price for additional family member(s) who sign up for college student membership (\$100) \$ _____
- *Early registration discount:** \$20 off memberships (with *) if paid by 5/1/2009.(one per family) -- \$ _____
- Supporting membership:** includes email updates. **\$35** \$ _____

NEW! MASTERS' ROWING CAMPS: \$225 per 6-week camp

For women and men interested in improving skills, rowing in quads, or learning about racing. Includes two coached sessions per week--1 weekday evening; 1 weekend morning. Must be an NRR member to participate. Two camps offered. Enrollment limited to the first 12 people who register for each one.

_____ **Session 1:** Starts May 18, 2009 _____ **Session 2:** Starts June 29, 2009 \$ _____

SERVICE REQUIREMENT: All members are required to contribute a **minimum of 10 hours** to help keep NRR operating smoothly and our rowers safe. Please review and fill out the "Service Requirement" page that accompanies this application and return it with this form. Service Options are also described on our website. \$ _____
FEE TO WAIVE THIS REQUIREMENT: \$50.

REACH OUT AND ROW: Make a \$25 tax-deductible donation to fund seats for underserved youth in our summer rowing programs and help support other NRR community outreach efforts. \$ _____

TOTAL \$ _____



2009 Application--Waiver

IN CONSIDERATION of being given the opportunity to participate in any **Navesink River Rowing** (NRR) activities until the end of this year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. **ACKNOWLEDGE**, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity. **I further warrant that I have basic swimming skills.**
2. **FULLY UNDERSTAND** that: (a.) **ROWING ACTIVITIES INVOLVE RISKS AND DANGERS** of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Releasees names below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I **FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation in the Activity.
3. **AGREE AND WARRANT** that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. **HEREBY RELEASE**, discharge, and covenant not to sue USRowing, NRR, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I **WILL INDEMNIFY SAVE AND HOLD HARMLESS** each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant:

_____ **Date:** _____

Address: _____

Phone: _____

Signature (only if age 18 or over):

PARENTAL CONSENT: AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and **AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS** each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I **WILL INDEMNIFY, SAVE, AND HOLD HARMLESS** each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Printed Name of Parent/Guardian:

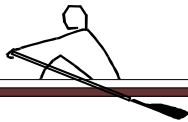
_____ **Date:** _____

Address: _____

Phone: _____

Parent/Guardian Signature (only if participant is under the age of 18):

NAVESINK RIVER ROWING



Rowing on the Navesink since 1983

Located at the end of Maple Ave in Red Bank, NJ

PO Box 6153
Fair Haven, NJ 07704-3303
732-758-6266

Website: <http://www.navesinkriverrowing.org>

2009 Service Requirement for Navesink River Rowing Members

All Navesink River Rowing "Boat Use", "Private Boat Owner", "College Student," and "Beginner Continuation" members are *required* to contribute a **minimum of 10 hours** of service to help NRR operate smoothly and keep rowers safe.

What might you be called upon to do? Anything from organizing oars or maintaining our logbook to helping with boat repairs or selling t-shirts at our open house: there are a host of jobs to choose from; something for every taste and talent. We've put together a list of possibilities for you to consider.

Why 10 hours? The NRR board felt this was a reasonable amount to ask of its adult membership and enough to at least lighten the load of the small number of member/volunteers who have tried to do everything by themselves in the past. Of course, as one glance through the list of service opportunities (on our website) reveals, 10 hours per adult NRR member isn't really sufficient to cover all the work it takes to keep NRR running well. **Your help above and beyond the 10 hour requirement is always welcome, generally needed, and certainly appreciated.**

MEMBER INFORMATION: Please, provide the information requested, indicate your service area preferences, and send in this form with your 2009 application and waiver. Questions? Contact Susan at NRRnews@gmail.com or 732-863-1321.

Name _____

E-mail (please print clearly) _____

Phone (home) _____ (cell) _____ (work) _____

Best way to reach me (indicate 1st & 2nd choice) ___ email; ___ home phone; ___ cell; ___ at work

Best days or times to reach me: _____

General Preferences (choose any that apply):

- A. Serve during work parties or other scheduled activities;
- B. Take responsibility for a specific job or jobs and do it on my own throughout the season;
- C. Be on call to serve as needed in areas I've indicated;
- D. Pay \$50 to waive my service requirement. My check is enclosed.

Adults, Please read and sign: As part of my 2009 Navesink River Rowing membership, I agree to perform a minimum of 10 hours of service for NRR this year. My committed hours will be in one or more of the service areas I've checked below. I know and agree that not fulfilling this commitment will result in a \$50 charge.

Signature: _____ Date _____

SERVICE OPTIONS - Select the Area(s) That Suit You Best

We know that every job is not right for every person. However we're reasonably certain that there is something NRR needs that you would be willing, able, even happy to do. We are not asking you to commit to specific jobs right now (although you can if you want to.) We *would* like you to indicate in which of the following service *areas* you prefer to work. Please check (✓) all areas that apply. **To get an idea of what is involved in each area, please look over the list of service opportunities** – on our website.

- Boats & Equipment
- Facilities
- "dock master" (on-site assistance to rowers)
- Seasonal Work Parties
- Coaching and coaching-related activities
- Organization/Administration
- Open House (May 16)
- Learn-to-Row Day (June 13)
- Other Events
- Social activities
- Races
- Vehicles
- Communications, Public Relations, Fund Raising
- Special projects/planning committees